

Distribution in Liverpool OR at Turkey Valley Church

You can choose to pick up at the

American Legion Post 364

306 S Pine ST

Liverpool, PA 17045

From Route 17, turn onto Market ST; take a left on Market ST to Race ST; take a left on Race ST to Pine ST. The Legion's parking lot will be down on the right.

OR

Turkey Valley Church

13606 State Route 235

Seven Stars

Located 1 mile west of Seven Stars and 6 miles east of East Salem on State Route 235

Please call the church at (717) 589-3926 concerning either of the distribution locations.

You must choose your pick up location at the time you place your order. This cannot be changed once your order is placed.

Place an order by mail or at the times/locations mentioned in this brochure, but **pick up where it is most convenient to you!**

Angel Food Ministry is a service of the Turkey Valley Church. We want to thank American Legion Post 364 for the use of their building for distribution in Liverpool.

FEBRUARY 2010

angel**food**
MINISTRIES

*"A Food Ministry With A
Servant's Heart"*

**It is both a blessing and a
bargain - to assist with
balancing all budgets and to
combat the rising fuel bills.**

**For everyone...
WHO EATS!**

www.turkeyvalleychurch.org

**You can access each month's
brochure at our website AND
*you can order on-line with
a debit or credit card!***

Program Guidelines:

- ◆ This is not a fundraiser. This is a service to the community.
- ◆ Each month the menu is different from the previous month and consists of both fresh and frozen items, including meats, fruits, vegetables, eggs and desserts.
- ◆ Each unit has a retail value over \$65.
- ◆ One signature unit of food assists in feeding a family of 4 for about one week. One basic unit of food assists in feeding a single adult/senior for about a month.
- ◆ Food is NOT outdated or damaged goods. It is fresh quality products provided by the same distributors that supply the local grocery chains.
- ◆ There is NO LIMIT on the number of units purchased.
- ◆ NO applications or qualifications - everyone is included.
- ◆ You **MUST** have your receipt to pick up your food. **You must bring a large container to pick up your food.**

Angel Food Ministries and/or Turkey Valley Church does not provide refunds/credit.

Sign Up Dates & Places:

WED, FEB 10th, 6:30 to 7:30PM @

American Legion Post #354 - Liverpool

SAT, FEB 13th, 11 AM to Noon @

Care & Share Thrift Store - Seven Stars

EVERY THURSDAY MORNING, 9 to 11 AM

@ Turkey Valley Church Office - Seven Stars

Turkey Valley Church

13606 State Route 235 - Seven Stars

Located 1 mile west of Seven Stars and

6 miles east of East Salem on State Route 235

(717) 589-3926

Pay in person by cash, money order or Food Stamps/EBT card at the location, date and time listed above.

(EBT card payment requires a photo ID. The person listed on the EBT card is the only one that will be allowed to purchase the food box with that card. It's the law!)

Distribution Site:

You can choose between

American Legion Post #364 in Liverpool

OR

Turkey Valley Church in Seven Stars

Distribution Day:

Sat., February 20th from 8 to 10 AM

(If possible, please try to come by 9 AM)

Listen to WJUN 92.5 for any time delay changes on distribution day. No changes announced - we are on schedule.

If out of town, ask friends/family to help.

Give them the receipt and large box to pick up.

There are no refunds or credits if your order is not picked up on the specified Saturday morning by 10 AM. It will be donated to charity.

SIGNATURE BOX

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 2 lb. Top Sirloin Steaks (4 x 8 oz.)
- 1.5 lb. Boneless Pork Roast
- 2 lb. IQF Boneless/Skinless Chicken Breast
- 2 lb. Lasagna with Meat Sauce
- 1.5 lb. Fully Cooked Boneless Chicken Drumsticks (Brand New Item! Exclusive to AFM - first time offered anywhere)
- 1 lb. Lean Ground Beef
- 1 lb. Frozen Baby Limas
- 1 lb. Frozen Green Beans
- 1 lb. Pasta
- 25 oz. Pasta Sauce
- 4 ct. Large Russet Baking Potatoes
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Chicken Parmesan** with Brussels sprouts & zucchini
- Charbroiled Beef Patty** with mashed potatoes, carrots & corn blend
- Macaroni & Beef** with noodles, carrots & zucchini blend
- Lemon Pepper Fish** with rice, peas & zucchini blend
- Mesquite Chicken** with rice, carrots & green beans
- Spaghetti & Meatballs** with corn, peas & carrots
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas & broccoli/cauliflower
- Cheese Manicotti** with green beans, peas & carrots
- Chicken & Rice** with Mushroom Sauce, green beans, corn blend
- Macaroni & Cheese** with broccoli & lima beans
- Desserts:** Assorted Cookies, Strawberry Frozen Yogurt Cup, Pineapple Fruit Cup, Peach Fruit Cup, Orange Juice, Fruit Punch

\$28.00

5 LB. ALLERGEN-FREE FOOD BOX

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Fillet Patties
 - 1 lb. Breaded Chicken Tenders
 - 1 lb. Breaded Chicken Nuggets
 - 1 lb. Breaded Steak Fingers
 - 1 lb. Breaded Chicken Wings
- Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.*

\$23.00

6 LB. PREMIUM SEAFOOD VARIETY BOX

Six pounds of the finest quality seafood assortment available.

- 2 lbs. Alaskan Snow Crab Legs
- 1 lb. Large EZ Peel Shrimp
- 2 lbs. Oven Ready Popcorn Shrimp
- 1 lb. Stuffed Crab in Natural Shell (8 ct.)

\$35.00

Specials may be purchased with or without the purchase of a Standard Box above

FEBRUARY SPECIAL #1

6.5 lb. Assorted Meat Grill Box

\$23.00

- 1.5 lb. T-Bone Steaks (2 x 12 oz.)
- 2 lb. Boneless Pork Chops (4 x 8 oz.)
- 1.5 lb. Lean Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Mild Italian Sausage Links with Cheese

FEBRUARY SPECIAL #2

5 lb. Assorted Meat & Chicken Combo

\$22.00

- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Prime Rib Steak (2 x 12 oz.)
- 2 lb. Gourmet Flavored Boneless Chicken Breast Mesquite (4 x 4 oz.) & Lemon Herb (4 x 4 oz.)

FEBRUARY SPECIAL #3

Stuffed Chicken Variety Pack

\$18.00

- 1.5 lb. Chicken Cordon Bleu (4 x 6 oz.)
- 1.5 lb. Broccoli & Cheese (4 x 6 oz.)
- 1.5 lb. Chicken Kiev (4 x 6 oz.)

FEBRUARY SPECIAL #4

Super Value Fajita Kit (5+ lbs.)

\$21.00

- 2 lb. Steak Fajita Strip Packs (2 x 1 lb.)
- 2 lb. Chicken Breast Fajita Strip Packs (2 x 1 lb.)
- 1 lb. Onions & Bell Peppers
- 20 ct. 8" Flour Tortillas

FEBRUARY SPECIAL #5

Premium Fresh Fruit and Veggie Box

\$22.00

- 3 lbs. Tree-Ripened Oranges
 - 2 lbs. Premium Red Delicious Apples
 - 1 lb. New Crop Chilean Plums
 - 4 Washington State Anjou Pears
 - 4 Washington State Fuji Apples
 - 4 Tree Ripened Tangerines
 - 2 Tree Ripened Red Grapefruit
 - 6 pack 1 oz. Boxes Premium Sun Dried Raisins
 - 3 lbs. Premium Red A-Size Potatoes
 - 2 lbs. Premium Yellow Onions
 - 1 head Premium Leafy Green Cabbage
 - 1 lb. Premium Whole-Peeled Baby Carrots
 - 1 lb. Dried Pinto Beans
- AFM February 2010 Fruit and Veggie Recipe Sheet

You must bring a large container to pick up your food.

Deadline for all orders is SAT, February 13th at noon.

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT).

Order Form

Name _____

Address _____

City _____

Telephone _____

Signature Box _____ x \$30 = _____

Senior Box _____ x \$28 = _____

Allergen-free _____ x \$23 = _____

Seafood Box _____ x \$35 = _____

Special #1 _____ x \$23 = _____

Special #2 _____ x \$22 = _____

Special #3 _____ x \$18 = _____

Special #4 _____ x \$21 = _____

Special #5 _____ x \$22 = _____

TOTAL DUE \$ _____

CHOOSE PICK UP LOCATION (select one -

this cannot be changed after the order is placed)

_____ Turkey Valley OR _____ American

_____ Church _____ Legion Post

_____ Seven Stars _____ Liverpool

Please check the calculations. Orders with errors will be returned and NOT PLACED.

Mail in orders must be paid by:

Money Order or Cashier Check

Personal checks will not be accepted.

Make money order or cashier check payable to

AFM - Turkey Valley Church

RR 2 Box 605

Millerstown PA 17062

Please enclose a self-addressed stamped envelope for your receipt. Receipts are required to pick up all orders.

Orders must be postmarked by FEB 10th

and received in the mail by SAT, FEB 13th.